



Thursday: January 7, 2016 “The Power of the Outside Voice”

The way of a fool is right in his own eyes, But a wise man is he who listens to counsel.

Proverbs 12:15

I think one of the hardest things to do is to clearly see ourselves in the way others see us. I don't know about you but for me there are times that this can be extremely difficult, just because we get used to certain things that others notice right away.

Around “The Ridge” we call this the power of the outside voice. It's something we value as an organization. The Proverb above reinforces the value of this. You can only see what you can see and you can't see what you can't see.

Mark's first challenge to us this week is to Pick 2-3 people that love and care about you have a conversation with them, maybe take them out to coffee and ask them these questions:

*What's it like to be on the other side of me?
What do I need to change?
What is my plank?*

Give those people in your life permission to be completely honest with you. Our natural reaction is then to become defensive...they say, “you need to change this” you say, “I don't do that...or I only do that because she does this”. Instead just listen.

As you do this keep in mind you may hear some things about you that you aren't going to like and that's ok.

You can't work on you if you don't really know what to work on about you. After you learn some of the things you need to change create an action plan for those areas. This may mean you read a new book, take a class, see a counselor or something else to stretch your thinking or gain new skills in those areas.

***Take Action: Pick 2-3 people that love and care about you and ask:
What's it like to be on the other side of me? What do I need to
change?***