

Monday: January 4, 2016 "A New Year- A New Way"

See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the desert and streams in the wasteland. Isaiah 43:19 (NIV)

I don't know about you but I am not exactly a New Year's resolution kind of person. Don't get me wrong, I do like to reflect back on the previous year and evaluate opportunities for growth and things I can do better or goals to accomplish in the coming year. There's just something about resolutions that put me off.

As we begin a New Year there are a lot of different things we people may resolve to do this year. However, this year we want to challenge you to begin the year by resolving to be better in an area of your life that impacts all other areas of your life and that is "relationships". If you are more like me, and not quite a "resolution" kind of person, look at this more or less as your new top goal for this upcoming year.

The reason for this is, we will spend more time this year managing relationships than anything else we do. Think about all the relationships we have in our lives. At home, work, school, vacation, holidays. Because of this, our relationships have the potential to cause us the most STRESS in 2016.

Throughout this series we are going to talk about 5 relational principles that will help us get a handle on love and life. These are principles that can be used in nearly every relationship to some degree. These relational principles will not ONLY help our relationships with other people, but they will also help us grow as a follower of Jesus.

We will spend the next few days of this week looking at the foundational principle that is essential to all the others.

Reflect: How could this year be different (better) for you by improving some of the key relationships in your life?