



## **Week 7, Day 1**

So get rid of all evil behavior. Be done with all deceit, hypocrisy, jealousy, and all unkind speech. Like newborn babies, you must crave pure spiritual milk so that you will grow into a full experience of salvation. Cry out for this nourishment, now that you have had a taste of the Lord's kindness.

### **1 Peter 2:1-3**

At The Ridge, our mission is to help people find and follow Jesus. As you read the next portion of this devotional, consider the FIND comments if you are exploring faith or helping others explore their faith. Use the FOLLOW section to help you take steps if you are currently following Jesus.

#### **FIND:**

**In what situations in your life do you need to stop being insincere, jealous, or a hypocrite?**

#### **FOLLOW:**

**Babies rely on their parents for growth. As a child of God, how do you rely on God to develop your spiritual growth?**