



## Week 1, Day 5

But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!

Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. Let us not become conceited, or provoke one another, or be jealous of one another.

### **Galatians 5:22-26**

At The Ridge, our mission is *to help people find and follow Jesus*. As you read the next portion of this devotional, consider the **FIND** comments if you are exploring faith or helping others explore their faith. Use the **FOLLOW** section to help you take steps if you are currently following Jesus.

**FIND:** Who is someone you can reach out to who is living by their sinful nature? How can you approach that person with love?

**FOLLOW:** "But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. There is no law against these things!" Galatians 5:22-23