



Week 1, Day 4

So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. But when you are directed by the Spirit, you are not under obligation to the law of Moses.

When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

Galatians 5:16-21

At The Ridge, our mission is *to help people find and follow Jesus*. As you read the next portion of this devotional, consider the **FIND** comments if you are exploring faith or helping others explore their faith. Use the **FOLLOW** section to help you take steps if you are currently following Jesus.

FIND: We are called to let the Holy Spirit guide our lives. What makes this difficult for you?

FOLLOW: In Day 2, we explored what you were following. In today's devotional, we examine the battle between the Holy Spirit and our sinful nature. What part of your sinful nature do you follow? Jesus has set you free.